

SOUTHEAST

Welcome to the Massachusetts Dietetic Association and Massachusetts Action for Healthy Kids Speakers Bureau. The Speakers Bureau was established for community-based organizations to access the nutrition expertise of a registered dietitian.

Dietitians should be contacted directly for services, and fees are negotiated between the organization requesting services and the dietitian

Barnstable

Susan Bourque, RD, LDN
sbourque@umext.umass.edu
508-375-6690
Community nutrition education, food safety

Lori Bechard, MEd, RD, LDN
lbechard@comcast.net
508-362-4520
General pediatrics, oncology

Braintree

Lisa M. Pepin, MS, RD, LDN, CPT
lpopin2@yahoo.com
617-549-8911
Sports Nutrition, heart healthy nutrition, weight management

Bridgewater

Diane Nash, MS, RD, LDN
dinash@comcast.net
508-880-9279
Childhood obesity, school lunch program

Brewster

Maggie Davis, MS, RD, LDN, FADA, CDE
maggie@livenutrition.com
508-896-9080
Weight management, Diabetes, Cardiovascular disease

Dedham

Tricia Silverman, RD, LDN, MBA
www.nutrilifestyles.com
tricia@nutrilifestyles.com
781-381-0154
Fun Nutrition, Food and Cooking Presentations/Demonstrations/Tours for all age levels

Fall River

Amanda Szot, RD

szota@southcoast.org

508-679-3131 ext. 2402

Cardiac prevention, weight loss

Elizabeth F. Winthrop, MS, RD, CNSD

Chief Dietitian/Internship Director

Southcoast Hospitals Group

winthrope@southcoast.org

508- 961-5161

Southcoast Hospital has a staff of dietitians and interns who can speak on a range of nutrition topics and medical nutrition therapies.

Falmouth

Valerie Oppenheim, RD, LNC

vaso@verizon.net

508-540-5637

Heart health, weight management (children, adolescents and adults) and diabetes

Foxboro

Janel Ovrut, RD

nell742@hotmail.com

Vegetarian nutrition

Hanover

Eileen Dunn, RD

edunnrd@aol.com

781-878-7726

Harwich

Patricia Vasconcellos, RD, CDE

pvasco@comcast.net

508-246-1724

Obesity, diabetes, heart disease

Hyannis

Katie Crupi-Sullivan, RD LDN

katie.crupi@capecodhealth.org

508-299-8202

Diabetes, weight management for kids, teens & adults, heart disease

Hingham

Debra Wein, MS, RD, LDN

The Sensible Nutrition Connection, Inc.

debra@sensiblenutrition.com

781-982-9355 (WELL)

Weight management, sports nutrition, wellness programs

Mansfield

Mary Webster-Baublis, RD, LDN

mbaublis@comcast.net

Pediatric weight management, general wellness

Middleboro

Karen Rizzuto, MS, RD, LDN

rizzka@aol.com

617-308-2985

Jennifer Freitas Carter MS, RD, LDN

Jenn.Freitas@comcast.net

508-472-1245

Nutrition Education, Adult/Pediatric Weight Management, Chronic Disease Management/Prevention

Nantucket

Annie Kay MS RD RYT

Sage Health Education & Communications

annie@sagehealth.net

508-228-6961

Strategic health communications, weight management, chronic disease prevention/wellness

Suzanne Davis, RD, LDN, CDE

sdavis@ackhosp.org

508-825-8141

New Bedford

Elizabeth F. Winthrop, MS, RD, CNSD

Chief Dietitian/Internship Director

Southcoast Hospitals Group

winthrope@southcoast.org

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North Attleboro

Michelle Champigny MS, RD, LDN

michellemaurice@hotmail.com

508-316-1972

Cardiovascular, weight management, diabetes

Norwood

Charlene Geary, MS, RD, LDN

Charlene_geary@yahoo.com

781-769-3216

Weight management, women's health, school age nutrition

Oxford

Regina M. Tobin, RD, LDN
regina_mary@hotmail.com
774-696-8183
Diabetes, eating disorders, food allergies

Rockland

Megan Aardema, RD
meqaardema@hotmail.com
781-308-9066
Wellness, general nutrition

Plymouth

Patricia Heanue, MS, RD, LD, CDE, CPT
pheanue@aol.com
617-269-1484
Diabetes, fitness, pediatric nutrition

Quincy

Sharon Gallagher, MEd, RD, LDN, CDE
sharon.gallagher@verizon.net
Diabetes

Rehoboth

Judy Lambe, MS, RD, LDN
judith_lambe@alum.mit.edu
508-223-9138
Vegetarian nutrition, sports nutrition, heart-healthy eating

Rochester

Mary-Patrice Ruocco, MS, RD, LDN
mprrd@aol.com
508-295-4134
Diabetes, wellness, eating disorders

Stoughton

Rhonda Spigel, RD, LDN
rspigel@city.waltham.ma.us